

AMMA

Fall 2022

402 Eden Circle, Bear, DE 19701
 (302) 834-4060
www.DEwushu.com

August 29th through November 19th TEST WEEK: Nov 14-19

KIDS PROGRAMS

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiny Tigers (Age 3/4)	4:15 to 4:45pm	6:00 to 6:30pm	4:45 to 5:15pm	6:00 to 6:30pm		1:15 to 1:45pm
Lil Dragons (Age 5/6)	6:00 to 6:30pm	5:30 to 6:00pm	5:15 to 5:45pm	5:30 to 6:00pm		12:45 to 1:15pm
BBC BASIC White Belt & Yellow Belt	5:15 to 6:00pm	4:45 to 5:30pm 6:30 to 7:15pm	4:00 to 4:45pm	4:45 to 5:30pm	5:00 to 5:45pm	12:00 to 12:45pm
BBC ALL LEVELS Green and Up	5:15 to 6:00pm	4:45 to 5:30pm 6:30 to 7:15pm	4:00 to 4:45pm	4:45 to 5:30pm	6:00 to 6:45pm	12:00 to 12:45pm
KIDS WEAPONS	4:45 to 5:15pm			4:15 to 4:45pm		11:30 to 12:00pm

TEENS PROGRAMS

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KUNG-FU	7:30 to 8:15pm	4:00 to 4:45pm	5:45 to 6:30pm	6:30 to 7:15pm	4:00 to 4:45pm	10:45 to 11:30am
WEAPONS	4:45 to 5:15pm	8:00 to 8:30pm		4:15 to 4:45pm 8:00 to 8:30pm		11:30 to 12:00pm

ADULTS PROGRAMS

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Kung-Fu		7:15 to 8:00pm		7:15 to 8:00pm		10:00 to 10:45am
WEAPONS CLASS		8:00 to 8:30pm		8:00 to 8:30pm		
KRAV MAGA	6:30 to 7:30pm		6:30 to 7:30pm			9:00 to 10:00am
TAI CHI			7:30 to 8:15pm	9:30 to 10:15am		

HOMESCHOOL PROGRAM

TUESDAY	KIDS & TEENS BASIC PROGRAM (White and Yellow Belts) 10:45 to 11:30am	KIDS & TEENS INTERMEDIATE/ADVANCED (Green Belts and Up) 10:00 to 10:45am	LIL DRAGONS ALL LEVELS (Ages 5 & 6) 11:30 to 12:00pm
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LEADERSHIP CLASS

Every Friday from 5:00 to 6:00 PM

DEMO TEAM PRACTICE

Every Friday from 6:00 to 8:00 PM